

Registered Number 08950815

SEQUENCE NUTRITION LIMITED

Abbreviated Accounts

31 March 2016

Abbreviated Balance Sheet as at 31 March 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	7,186	7,063
		<u>7,186</u>	<u>7,063</u>
Current assets			
Stocks		85,419	6,467
Debtors		30,603	3,562
Cash at bank and in hand		376,531	12,723
		<u>492,553</u>	<u>22,752</u>
Creditors: amounts falling due within one year		<u>(61,357)</u>	<u>(99,068)</u>
Net current assets (liabilities)		<u>431,196</u>	<u>(76,316)</u>
Total assets less current liabilities		<u>438,382</u>	<u>(69,253)</u>
Total net assets (liabilities)		<u>438,382</u>	<u>(69,253)</u>
Capital and reserves			
Called up share capital	3	13	10
Share premium account		763,476	-
Profit and loss account		(325,107)	(69,263)
Shareholders' funds		<u>438,382</u>	<u>(69,253)</u>

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 21 December 2016

And signed on their behalf by:

J J Relph, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2016**1 Accounting Policies****Basis of measurement and preparation of accounts**

The full financial statements, from which these abbreviation accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover policy

Turnover comprises revenue recognised by the company in respect of goods and supplied during the year, exclusive of Value Added Tax and trade discounts.

Tangible assets depreciation policy

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the costs of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:-

Plant and Machinery - 25% reducing balance

Office equipment - 25% reducing balance

Computer equipment – 25% reducing balance

Other accounting policies**CASH FLOW**

The financial statements do not include a Cash flow statement because the company, as a small reporting entity, is exempt from the requirement to prepare such a statement under the Financial Reporting Standard for Smaller Entities (effective January 2015).

OPERATING LEASES

Rentals under operating leases are charged to the Profit and Loss account on a straight line basis over the lease term.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period until the date the rent is expected to be adjusted to the prevailing market rate.

STOCKS AND WORK IN PROGRESS

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

2 Tangible fixed assets

	£
Cost	
At 1 April 2015	7,887
Additions	2,518

Disposals	-
Revaluations	-
Transfers	-
At 31 March 2016	<u>10,405</u>
Depreciation	
At 1 April 2015	824
Charge for the year	2,395
On disposals	-
At 31 March 2016	<u>3,219</u>
Net book values	
At 31 March 2016	<u>7,186</u>
At 31 March 2015	<u>7,063</u>

3 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
0 Ordinary shares of £0.01 each (1,000 shares for 2015)	0	10
13,010,100 Ordinary shares of £0.000001 each (0 shares for 2015)	13	0

During the year 1000 £0.01 shares were converted to 10,169000 £0.000001 shares.

During the year 2,841,100 £0.000001 shares were issued fully paid.

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