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SENSOR DEVICES AND SYSTEMS FOR MONITORING MARKERS IN BREATH

Abstract

The disclosure relates to devices, systems and methods for detecting markers in breath, more specifically volatile and non-volatile markers associated with pulmonary diseases such as, for example, asthma, chronic obstructive pulmonary disease (COPD), or cystic fibrosis (CF), in exhaled breath condensate (EBC).

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Claims

1. An article for measuring a disease marker in exhaled breath condensate (EBC) comprising, (a) a vehicle chamber containing a vehicle for a probe; (b) an auxiliary chamber that is physically separated from the vehicle chamber via a first separator, wherein the auxiliary chamber contains the probe that is specific to the marker; (c) a reaction chamber that is physically separated from the vehicle chamber or the auxiliary chamber or both the reaction chamber and the auxiliary chamber via a second separator, wherein the reaction chamber contains a surface for detection of the interaction between the probe and the marker; and (d) a detector for detecting a signal issued from said reaction chamber.
2. The article of claim 1, wherein the marker is hydrogen peroxide (H.sub.2O.sub.2) or a derivative thereof selected from peroxide anion (O.sub.2.sup.-2), or a peroxide radical (.OH).
3. The article of claim 1, wherein the probe comprises a marker-reactive chemical and a dye.
4. The article of claim 3, wherein the dye is activated by a product of the reaction between the marker and the marker-reactive chemical.
5. The article of claim 4, wherein the dye is activated in situ.
6. The article of claim 1, wherein the marker is H.sub.2O.sub.2 and the probe comprises H.sub.2O.sub.2-reactive chemical and a dye.
7. The article of claim 6, wherein the reactive chemical is bis(2,4,6-trichlorophenyl) oxalate, bis(2-carbopentyloxy-3,5,6-trichlorophenyl)oxalate, oxalic acid bis[2,4,5-trichloro-6-(pentyloxycarbonyl)phenyl]ester, bis(2-ityrophenyl) oxalate, bis(2,4-dinitrophenyl) oxalate, bis(2,6-dichloro-4-nitrophenyl) oxalate, bis(2,4,6-trichlorophenyl) oxalate, bis(3-trifluoromethyl-4-nitrophenyl) oxalate, bis(2-methyl 4,6-dinitrophenyl) oxalate, bis(1,2-dimethyl-4, 6-dinitrophenyl) oxalate, bis(2,4-dichlorophenyl) oxalate, bis(2,5-dinitrophenyl) oxalate, bis(2-formyl-4-nitrophenyl) oxalate, bis(pentachlorophenyl) oxalate, bis(pentalluorophenyl) oxalate, bis(1,2-dihydro-2-oxo-1-pyridyl) glyoxal, bis-N-phthalamidyl oxalate, bis(2,4,5 trichloro-6-carbopentoxoxyphenyl) oxalate, bis(2,4,5-trichloro-6-carbobutoxyphenyl) oxalate, bis(2,4,6-trichlorophenyl) oxalate, or phthalimido 3,6,6-trisulfo-2-naphthyloxalate.
8. The article of claim 6, wherein the dye is selected from iptycene compounds, anthracenes, diphenylanthracenes, 9,10-bis(phenylethynyl) anthracene, benzanthracenes, phenanthrenes, naphthacenes, pentacenes, poly(arylene)s, poly(phenylene vinylene)s, poly(phenylene ethynylene)s, 5-amino-2,3-dihydrophthalazine-1,4-dione, 3-aminophthalhydrazide, 2,4,5-triphenylimidazole, 10, 10'-dialkyl-9,9'-biacridinium salts, and 9-chlorocarbonyl-10-methylacridinium chloride.
9. The article of claim 1, wherein said vehicle is an organic solvent selected from the group consisting of: ethylene glycol ethers, diethyl ether, diamyl ether, diphenyl ether, anisole, tetrahydrofuran, dioxane, ethyl acetate, acetone, acetonitrile, propyl formate, amyl acetate, dimethyl phthalate, diethyl phthalate, dibutyl phthalate, dioctyl phthalate, methyl formate, triacetin, diethyl oxalate, dioctyl terphthalate, citric acid ester, methyl benzoate, ethyl benzoate, butyl benzoate, benzene, ethyl benzene, butyl benzene, toluene, xylene, chlorobenzene, o-dichlorobenzene, m-dichlorobenzene, chloroform, carbon tetrachloride, hexachloroethylene, tetrachlorotetrafluoropropane, or combinations thereof.
10. The article of claim 1, wherein the probe further comprises a catalyst.

11. The article of claim 1, wherein the catalyst is imidazole.
12. The article of claim 1, wherein the marker comprises a plurality of markers comprising a first marker which is hydrogen peroxide or a derivative thereof and optionally a second marker selected from hydrogen ions (H^{sup.+}), malondialdehyde, 8-isoprostanes, thiobarbituric acid reactive substances (TBARS), acetone, nitrosothiols, and nitric oxide-derived products.
13. The article of claim 1, wherein a plurality of dyes, each which is specific for the disease marker, are employed.
14. The article of claim 1, wherein the auxiliary chamber is located inside the vehicle chamber or append-able thereto.
15. The article of claim 1, wherein the first separator comprises a foil, a plastic or a valve.
16. The article of claim 1, wherein the first separator is removed via mechanical force, physical force, or manually.
17. The article of claim 16, wherein the first separator is removed via a mechanical force comprising twisting.
18. The article of claim 16, wherein when the first separator is removed, the vehicle contained in the vehicle chamber enters the reaction chamber and mixes with the probe contained in the reaction chamber.
19. The article of claim 18, wherein the mixing comprises dissolution of the probe in the vehicle.
20. The article of claim 1, wherein the reaction chamber is contained in the vehicle chamber or append-able thereto.
21. The article of claim 20, wherein the reaction chamber is physically separated from the auxiliary chamber via the second separator.
22. The article of claim 21, wherein the second separator comprises a foil, a plastic or a valve.
23. The article of claim 1, wherein the reaction chamber further comprises an elongated member that is positioned opposite to the second separator.
24. The article of claim 23, wherein the elongated member is a pin, nail, needle, rod, or plastic tip that penetrates the second separator via mechanical force or physical force.
25. The article of claim 1, wherein the surface for detecting the interaction between the probe and the marker comprises an adsorptive material.
26. The article of claim 25, wherein the surface comprises a chemisorptive or a physisorptive material.
27. The article of claim 25, wherein the surface comprises a sponge, charcoal, activated carbon, cellulose, lignin, polycaprolactone (PCL) or a combination thereof.
28. The article of claim 1, wherein the reaction chamber further comprises a chip.
29. The article of claim 28, wherein the chip is a microfluidic chip.
30. The article of claim 1, wherein the reaction chamber further comprises a thin transparent or translucent window that is pervious to a signal generated by the interaction between the probe and the marker.

47. The method of claim 46, wherein the signal is a chemiluminescent or fluorescent signal.

48. The method of claim 46, wherein the EBC comprises a plurality of markers comprising a first marker which is hydrogen peroxide or a derivative thereof and optionally a second marker selected from hydrogen ions (H⁺), malondialdehyde, 8-isoprostanes, thiobarbituric acid reactive substances (TBARS), acetone, nitrosothiols, and nitric oxide-derived products.

49. A method of diagnosing a pulmonary disease in a subject in need thereof, comprising the steps of: activating the article of claim 1 by mixing the vehicle with the probe; contacting the subject's exhaled breath condensate (EBC) sample with the activated article for a period sufficient to permit interaction between the probe and a pulmonary disease marker present in the EBC; and detecting a signal generated from the interaction between the probe and the marker.

50. The method of claim 49, wherein the pulmonary disease is asthma, chronic obstructive pulmonary disease (COPD), idiopathic pulmonary disease (IPF), acute respiratory distress syndrome (ARDS), or a combination thereof.

51. The method of claim 49, wherein the marker comprises a plurality of markers comprising a first marker which is hydrogen peroxide or a derivative thereof and optionally a second marker selected from hydrogen ions (H⁺), malondialdehyde, 8-isoprostanes, thiobarbituric acid reactive substances (TBARS), acetone, nitrosothiols, and nitric oxide-derived products.

52. A method for the combined diagnosis and treatment of a pulmonary disease in a subject, comprising, activating the article of claim 1 by removing the first separator to allow the vehicle and the probe to mix; contacting a first exhaled breath condensate (EBC) sample obtained from the subject with the activated article, thereby generating a first signal; contacting a second EBC sample from a healthy subject (control) with an identically activated article of claim 1, thereby generating a second signal; detecting a parameter which is signal intensity or signal strength from both first and second signals; correlating the parameter with the marker levels or activities; determining that the subject is suffering from the pulmonary disease if the first parameter is modulated compared to the second parameter; and administering a therapeutic composition to subjects who are determined to suffer from the pulmonary disease.

53. The method of claim 52, wherein the pulmonary disease is asthma, COPD or IPF; the marker is hydrogen peroxide or a derivative thereof selected from peroxide anion (O₂²⁻), or a peroxide radical (.OH); the subject is determined to suffer from the pulmonary disease if the level of hydrogen peroxide or a derivative thereof is elevated in the first sample from the subject compared to the level of hydrogen peroxide or a derivative thereof in the second sample from healthy subjects (control); and a therapeutic composition for the treatment of the pulmonary disease is administered to the subjects who have been determined to suffer from the pulmonary disease.

Description

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application claims the benefit of U.S. Prov. No. 62/643,442, filed on Mar. 15, 2018, the entire content of which is incorporated herein by reference.

TECHNICAL FIELD

[0002] The present disclosure generally relates to articles and system for monitoring markers in exhaled breath condensate (EBC). In particular, the disclosure provides a multi-chambered article, wherein the probes that are

specific for the marker are kept separate from the vehicle 104 and the detection system until a sample containing the EBC is received and the test is initiated by allowing the probes to mix with the vehicle 104 and react with the marker. The reaction between the probe 110 and the marker generates a signal, which is detected in situ and optionally processed by the detection system to provide a user with readout of the parameter being measured, e.g., levels, concentration, or amount of the marker in the sample.

BACKGROUND

[0003] Exhaled breath condensate (EBC) contains every species that the airway lining fluid contains, but in very small concentrations. Molecules such as hydrogen ions (H^{sup.+}), hydrogen peroxide (H₂O₂), malondialdehyde, 8-isoprostanes, thiobarbituric acid reactive substances (TBARS), nitrosothiols, and nitric oxide-derived products (e.g., nitrite/nitrate) in EBC are thought to serve as markers for human diseases (Lee et al., *Clin Transl Sci.*, 2(2):150-5, 2009; Liu et al., *Respiration*, 74(6):617-23, 2007). With improved detection systems and methods, these markers have been utilized, with some success, in the diagnosis of pulmonary diseases such as asthma (Teng et al., *Chest*, 140, 108-116, 2011), chronic obstructive pulmonary disease (Murata et al., *COPD* 11, 81-87, 2014), cystic fibrosis (Zang et al., *J Proteome Res.*, 16(2):550-558, 2017), bronchiectasis (Nagaraja et al., *Lung India*, 29(2), 123-127, 2012), and lung cancer (Chan et al., *J Thorac Oncol.*, 4(2):172-8, 2009). In addition, volatile organic compounds (VOC) in exhaled breath, e.g., carbon monoxide, nitric oxide, alkanes and benzene derivatives (Pauling et al., *Proc Natl Acad Sci USA*, 68:2374-6, 1971; Gordon et al., *Clin Chem* 31:1278-82, 1985) were identified as markers for lung diseases (Kharitonov et al., *Chest* 130:1541-6, 2006; Koutsokera et al., *Curr Med Chem*, 15:620-30, 2008) and more specifically lung cancer (Poli et al., *Respir Res* 6:71, 2005; Phillips et al., *Cancer Biomark* 3:95-109, 2007; Poli et al., *Acta Biomed* 79 Suppl 1:64-72, 2008).

[0004] A variety of systems and devices have been used to detect EBC markers, including, luminescent or fluorescent detection (Zappacosta et al., *Clin. Chim. Acta*, 310, 187-191, 2001), electrochemistry (Chen et al., *Analyst* 137 (2012) 49-58), and chromatography (Harshman et al., *Chromatography*, 1(3), 108-119, 2014). More sophisticated techniques such as mass spectrometry and magnetic resonance (NMR) have also been employed (Kelly et al., *Chest*, 151(2):262-277, 2017; Lippert et al., *J. Am. Chem. Soc.* 133, 3776-3779, 2011). While these systems and devices are reliable, they require specialized systems and personnel for operation. Moreover, these instruments are not automated, are tedious, expensive, and also time consuming to operate.

[0005] One of the most well recognized markers of pulmonary diseases, such as asthma and COPD, is hydrogen peroxide (H₂O₂). See, Kostikas et al., *Chest*, 124(4):1373-1380, 2003; Nowak et al., *Respiratory Medicine*, 93(6):389-396, 1999; Teng et al., *Chest*, 140(1):108-116, 2011; and Antczak et al., *Eur Respir J*, 10:1231-1241, 1997). H₂O₂ is a protonated form of superoxide (O₂^{sup.-}) and is produced in biological systems by the dismutation of superoxide anion in a reaction carried out by the enzyme superoxide dismutase (SOD) (Manda et al., *Current Chemical Biology*, 3(1), 22-46, 2009). H₂O₂ production is exacerbated in patients with pulmonary diseases (Dekhuijzen et al., *AJRCCR*, 154(3):813-816, 1996). Two clinical trials are currently examining EBC peroxide levels as a marker of pulmonary diseases. See, National Clinical Trials ID No. NCT03055923 entitled "Exhaled hydrogen peroxide as a marker of lung disease" and NCT01402297 entitled "Hydrogen Peroxide and Nitrite Reduction in Exhaled Breath Condensate of COPD Patients." A secondary EBC marker, such as malondialdehyde (Gong et al., *J Expo Sci Environ Epidemiol.*, 23(3): 322-327, 2013) 8-isoprostane, TBARS, nitrotyrosine, nitrosothiols nitrite/nitrate, including, biomolecules such as leukotrienes, PGE₂, and cytokines, may also be indicative of pulmonary diseases (Antczak et al., *IJOMEH*, 15 (4), 317-323, 2002).

[0006] Although EBC peroxide levels can be used to assess alterations in alveolar fluid that are considered to be more specific indicators of oxidative lung damage, it is not without drawbacks. In an exhaled breath sample, hydrogen peroxide will generally be present in the liquid phase, but it may also be present in the gas phase of the breath. Thus, the detection systems may be compatible with both gas phase and liquid phase. Additionally, hydrogen peroxide contents in exhaled air are low and other gases, e.g., CO₂ at about 5% volume, O₂ at about 18% volume and N₂ at about 75% volume, may limit accurate measurements of the relatively low hydrogen peroxide contents in the EBC. Presently, H₂O₂ in EBC is detected using conventional

electrochemical and chemical detection systems, wherein the capturing and detecting (of H.sub.2O.sub.2) steps are both temporally and spatially discrete. For example, Sensair B. V., Enschede, Netherlands manufactures electromechanical devices for H.sub.2O.sub.2 detection in EBC, comprising the amperometric sensor and control and measurement electronics. As described in U.S. Pub. No. 2014-0021065 (to Sensair), the device electrochemically converts the hydrogen peroxide in the gaseous mixture at a sensing element of an electrochemical sensor in direct contact with the capturing means, and measuring the potential of the sensing element and/or the current through it as a result of a changing hydrogen peroxide concentration in the gaseous mixture. Measurement of H.sub.2O.sub.2 is performed with a device suitable for the on-line measurement, i.e., a computer.

[0007] To date, there does not appear to be a strong push to utilize sensors for breath condensate analysis, which may be due to lack of a direct interface between the collection unit and the measurement unit. Many of the known EBC collection units do not address a means for efficient handling and transfer of condensate to the analytical system, requiring manual extract action and preparation of samples. By using sensors that could potentially be directly integrated into the EBC collection device, the need to sample for a long time can be obviated and allow collection of samples with finer time resolution.

[0008] Accordingly, there is an unmet need for sensitive, optimized, non-invasive analytical devices that are small in size, ideally hand-held or portable or field-deployable, which can be used with precision at the point-of-care (POC) for the detection of EBC markers associated with pulmonary diseases, such as H.sub.2O.sub.2.

SUMMARY

[0009] In one embodiment, the disclosure provides an article for measuring a disease marker in exhaled breath condensate (EBC) comprising, (a) a vehicle chamber 102 containing a vehicle 104 for a probe 110; (b) an auxiliary chamber that is physically separated from the vehicle chamber 102 via a first separator 108, wherein the auxiliary chamber contains the probe 110 that is specific to the marker; (c) a reaction chamber that is physically separated from the vehicle chamber 102 or the auxiliary chamber or both the reaction chamber 120 and the auxiliary chamber via a second separator 122, wherein the reaction chamber 120 contains a surface 124 for detection of the interaction between the probe 110 and the marker. The article may comprise a plurality of plungers, the initiation of which dispenses the contents of a first chamber into a second chamber. Particularly, the article comprises a first plunger 112 which disengages the first separator 108, thereby dispensing the vehicle 104 in the vehicle chamber 102 into the auxiliary chamber to dissolve the probe 110 contained therein. The article may also comprise a second plunger 116 which disengages the second separator 122, thereby dispensing the probe 110 solution into the reaction chamber 120. The separators may comprise breakable material such as a foil or plastic or a valve system that may be disengaged, e.g., mechanically.

[0010] In some embodiments of the article of the disclosure, the auxiliary chamber contains a probe 110 composition comprising a marker-reactive chemical (C) and a dye (D). Particularly, the dye is activated by a product of the reaction between the marker and the marker-reactive chemical and the activation is initiated in situ or at the site of the reaction chamber 120. Particularly, the marker is H.sub.2O.sub.2 and the probe 110 comprises H.sub.2O.sub.2-reactive chemical such as bis(2,4,6-trichlorophenyl) oxalate, bis(2-carbopentyloxy-3,5,6-trichlorophenyl)oxalate, oxalic acid bis [2,4,5-trichloro-6-(pentyloxycarbonyl)phenyl]ester, bis(2-nitrophenyl) oxalate, bis(2,4-dinitrophenyl) oxalate, bis(2,6-dichloro-4-nitrophenyl) oxalate, bis(2,4,6-trichlorophenyl) oxalate, bis(3-trifluoromethyl-4-nitrophenyl) oxalate, bis(2-methyl 4,6-dinitrophenyl) oxalate, bis(1,2-dimethyl-4,6-dinitrophenyl) oxalate, bis(2,4-dichlorophenyl) oxalate, bis(2,5-dinitrophenyl) oxalate, bis(2-formyl-4-nitrophenyl) oxalate, bis(pentachlorophenyl) oxalate, bis(pentalluorophenyl) oxalate, bis(1,2-dihydro-2-oxo-1-pyridyl) glyoxal, bis-N-phthalamidyl oxalate, bis(2,4,5 trichloro-6-carbopentoxyphehyl) oxalate, bis(2,4,5-trichloro-6-carbobutoxyphenyl) oxalate, bis(2,4,6-trichlorophenyl) oxalate, or phthalimido 3,6,6-trisulfo-2-naphthyl oxalate. Under this embodiment, the dye (D) may be selected from iptycene compounds, anthracenes, diphenylanthracenes, 9,10-bis(phenylethynyl) anthracene, benzanthracenes, phenanthrenes, naphthacenes, pentacenes, poly(arylene)s, poly(phenylene vinylene)s, poly(phenylene ethynylene)s, 5-amino-2,3-dihydrophthalazine-1,4-dione, 3-aminophthalhydrazide, 2,4,5-triphenylimidazole, 10,10'-dialkyl-9,9'-biacridinium salts, and 9-chlorocarbonyl-10-methylacridinium chloride. The probe 110 composition may further

280. FIG. 2D shows a schematic diagram of an outer view of the collection unit 260, the mixing unit 270 and part of the receptacle 280 that is engaged with the mixing unit, showing how various components of the mixing unit 270 align inside a well of the receptacle. FIGS. 2E-1 and 2E-2 show schematic diagrams of outer views of the collection unit 218 and the mouthpiece 230. Including various components thereof. FIG. 2E-1 shows the collection unit 218 and the mouthpiece 230 in assembled form; FIG. 2E-2 shows the collection unit 218 and the mouthpiece 230 in disengaged form. FIGS. 2F-1, 2F-2 and 2F-3 show schematic diagrams of cross-sectional views of the cooling unit 237. FIG. 2F-1 shows a dual-cylinder cooling unit 237 connected to a power source via an inlet 248. FIG. 2F-2 shows a blow-up view of the cooling unit showing the various components contained in a typical cooling unit. FIG. 2F-3 shows an assembled view of the cooling unit showing the various components contained therein. FIGS. 2G-1 and 2G-2 show assembly of the collection unit 218 and the cooling unit 237, wherein FIG. 2G-1 shows the individual units in disassembled form and FIG. 2G-2 shows the individual units in assembled form. FIG. 2H shows a schematic diagram of various components of a mixing unit 270. FIG. 2I shows a schematic diagram of a cross-sectional view of the collection unit 218, the mouthpiece 230, and the cooling device 237.

[0028] FIGS. 3A-3B shows renderings of the receptacle system 300 for detecting the activated dyes/probes according to exemplary embodiments of the present disclosure. FIG. 3A shows a receptacle system whose lid is closed and FIG. 3B shows a receptacle system whose lid is open.

[0029] FIGS. 4A-4E show diagrams of manifolds comprising the article of FIG. 1 and FIG. 2H fitted with a collection unit 400 comprising a mouthpiece 430 according to exemplary embodiments of the present disclosure. FIG. 4A shows the manner in which the collection unit 400 is engaged with the receptacle. FIG. 4B shows a representative twisting mechanism that may be used to lock the collection unit 400 in the well of the receptacle and/or activate the detection system. FIG. 4C and FIG. 4D are identical to FIG. 4A and FIG. 4B, except they highlight slightly varied receptacles containing a frontal screen/LED display system. FIG. 4E shows the manner in which the mixing chamber 470 is engaged with the well 402 in the receptacle.

[0030] FIG. 5 shows a portable receptacle 500 which can be conveniently transported to and from a testing site according to exemplary embodiments of the present disclosure. This unit is battery operated and optionally comprises fasteners at the bottom end (opposite to the lid 304 and the latch, as shown in FIG. 3B).

[0031] FIG. 6 shows the schematic architecture of a microfluidic chip that may be used in the detection chamber of the articles (optional). The microfluidic chip uses a plurality of gates and valves to control flow rates of reagents, mix and reconstitute reagents, and dispense the sample for testing. A set of syringe modules are fitted to the chip using Leur fittings and used to store reagents prior to testing as well as dispense the reagents, solvents, and buffers. The modules can be activated manually by the user, but preferably automatically by an actuating mechanism on the testing device. The modules are activated in a series of stages to first reconstitute the reagent solutions, and then to transfer to the final reaction chamber where the sample is mixed in at the time of testing. Alternatively, blister packs may be used in place of the syringe modules to store the reagents, and are punctured at the time of testing to activate. In this embodiment, a syringe module is still used to meter and dispense the sample. The microfluidic paths and chambers may be manufactured through injection molding or by being etched onto the chip. The microfluidic chip may be placed anywhere that permits contact with the EBC, such as, for example, on the surface of the reaction chamber.

[0032] FIG. 7 shows the electrical circuitry of an exemplary sensor used in the analytical device according to exemplary embodiments of the present disclosure.

[0033] FIG. 8 shows exemplary results of experiments on measurement of H.sub.2O.sub.2 using the devices of the disclosure. The data show that the signal (brightness) increases linearly with increasing concentrations of H.sub.2O.sub.2 at all values tested (range: 0 .mu.M to 1 .mu.M).

[0034] FIG. 9 shows coefficient of variance (CV) associated with the measurements of H.sub.2O.sub.2 using the devices of the disclosure (n=3). The data show that the signal generated was highly reproducible across triplicates.

reaction zone, through wicking or capillary action. Accordingly, the vehicle chamber 102 may be separated from the reaction chamber 120 only by a narrow auxiliary chamber 106. It is also preferred that there are no air gaps or other spacing between those two chambers, except for the auxiliary chamber 106. To achieve this feature, the auxiliary chamber 106 may comprise a thin polyethylene disk, which is contiguous with the first separator 108 (e.g., foil) at the bottom of the vehicle chamber and which disk is contiguous with and open to a reaction surface 124 contained in the reaction chamber 120.

[0065] The reaction chamber 120 further contains a surface 124, which facilitates interaction between the activated probe 110 solution and the marker. The surface 124 may comprise the entire inner wall of the reaction chamber 120 or a portion thereof. For example, the surface 124 may be placed on an end that is connected to the collection unit (i.e., distal to the end connected to the auxiliary chamber 106). This placement may advantageously facilitate interaction between the EBC sample 232 and the activated probe 110. The surface 124 may be made from a solid, semi-solid or liquid material. The surface 124 may comprise a chemisorptive or a physisorptive material. Examples of solid or semi-solid surface materials include glass, silica, polymers, copolymers, gels, adsorbent materials such as charcoal, sponge, KIM WIPE.RTM., filters, activated carbon, cellulose, lignin, polycaprolactone (PCL) or a combination thereof. In some embodiments, the surface 124 material may comprise finely divided powder, particles, or molded into shapes such as pads, beads, films, spheres, tubes, strips, tapes, layers, and the like (for example, by casting, molding, extruding, etc.). Preferably, the surfaces 124 are also pervious to the vehicle 104, e.g., an organic solvent. Preferably, the surface 124 is comprised of sponge, wool, glass filter paper, filter paper, nylon filters, and the like. Alternately, the surface 124 is made from a polymer selected from, e.g., polyethylene, polypropylene, poly(vinyl chloride), poly(methyl methacrylate), poly(vinyl benzoate), poly(vinyl acetate), cellulose, corn starch, poly(vinyl pyrrolidinone), polyacrylamide, epoxys, silicones, poly(vinyl butyral), polyurethane, nylons, polacetal, polycarbonate, polyesters and polyethers, crosslinked polymers such as polystyrene-poly(divinyl benzene), polyacrylamide-poly(methylenebisacrylamide), polybutadiene copolymers, or a combination thereof. In a particular embodiment, the polymer is charcoal, sponge or a synthetic sponge comprising cellulose or a derivative of cellulose.

[0066] In some embodiments, the surfaces 124 may be attached to a fluid conduit, thus allowing the vapor to condense and then flow into a fluid channel. The fluid channel could be part of a microfluidic system, where the fluid is processed and analyzed. Examples of carbon nanotube (CNT) detector systems for nitric oxide, carbon dioxide and other breath constituents are described in, e.g., U.S. Pat. Nos. 7,547,931; 8,366,630 and 6,010,459.

[0067] In some embodiments, the surface 124 may comprise a microfluidic device. Purely as an exemplary embodiment, a sketching of the microfluidic device (not to scale) is shown as structure 128 (FIG. 1) and structure 228 (FIG. 2). The microfluidic device can be a device through which materials, particularly fluid-borne materials, such as liquids, can be transported. In some embodiments, the materials are transported on a micro-scale (e.g., .mu.L amount), and in some embodiments on a nanoscale (e.g., in nL amounts). An exemplary microfluidic device typically comprises dimensional features dimensioned on the order of a millimeter (mm) scale or less, which are capable of manipulating a fluid at a flow rate on the order of about 1 .mu.L/min or less. Typically, such features include, but are not limited to channels, fluid reservoirs, reaction region, mixing region, and separation regions. In some examples, the channels include at least one cross-sectional dimension that is in a range of from about 0.1 .mu.m to about 500 .mu.m. The use of dimensions on this order allows the incorporation of a greater number of channels in a smaller area, and utilizes smaller volumes of fluids.

[0068] An exemplary microfluidic device, e.g., X4 chip, is shown in FIG. 6. A plurality of microfluidic devices may also be employed. For example, microfluidic pumps for introducing fluids, such as, e.g., samples, reagents, buffers and the like, into the system and/or through the system may be used together with microfluidic control systems for controlling fluid transport and/or direction within the device; and other microfluidic components for monitoring and controlling environmental conditions, e.g., temperature, current, etc. A microfluidic device of the present disclosure may comprise one or more "channels," which comprise recesses or cavities formed in a material by imparting a pattern from a patterned substrate into a material or by any suitable material removing technique. In some embodiments, the cavities comprise any suitable fluid-conducting structure mounted in the recess or cavity, such as a tube, capillary, or the like.

[0069] The microfluidic devices may further comprise a "chip" to facilitate performance of the methods, assays, and diagnostic techniques of the present disclosure. In certain embodiments, a "chip" may refer to a solid substrate with a plurality of one-, two- or three-dimensional micro structures or micro-scale structures on which certain processes, such as physical, chemical, biological, biophysical or biochemical processes, etc., can be carried out. The micro structures or micro-scale structures such as, channels and wells, electrode elements, electromagnetic elements, are incorporated into, fabricated on or otherwise attached to the substrate for facilitating physical, biophysical, biological, biochemical, chemical reactions or processes on the chip. The chip may be thin in one dimension and may have various shapes in other dimensions, for example, a rectangle, a circle, an ellipse, or other irregular shapes. The size of the major surface of chips of the present disclosure can vary considerably, e.g., from about 40 cm^{sup.2} to about 500 cm^{sup.2} or from about 80 cm^{sup.2} to about 240 cm^{sup.2} and especially from about 100 cm^{sup.2} to about 200 cm^{sup.2}. The dimension of the chip may also vary, e.g., from about 2 cm to about 50 cm, preferably from about 4 cm to about 20 cm and especially from about 8 cm to about 14 cm. The chips may of different shapes, e.g., rectangular, square, or the like. The chip surfaces may be flat, or not flat. The chips with non-flat surfaces may include channels or wells fabricated on the surfaces. The microfluidic chip can be made from any suitable material, e.g., polydimethylsiloxane (PDMS), glass, polymethylmethacrylate (PMMA), polyethylene terephthalate (PET), polycarbonate (PC), etc. An exemplary chip is shown in FIG. 6.

[0070] A microfluidic device of the present disclosure can include instrumentation such as one or more pumps, valves, fluid reservoirs, channels, sample ports, and/or reagent storage cells. Upstream or downstream pumps may be used to move the samples or reagents in the microfluidic device. The pump can drive each fluid sample or reagent to (and past) a specialized compartment within the microfluidic device. Alternatively, samples or reagents may be driven through the fluid by gravity or capillary action. The disclosure in the following documents provide information on the tools that can be used with the assay systems of the present disclosure, allowing for the precise manipulation of gases, liquids and solids to accomplish very complex analytical manipulations with relatively simple hardware: U.S. Pat. Nos. 9,110,029; 9,547,015; 6,877,892; 6,890,093; 6,916,113; 6,935,772; 7,223,371; 8,304,193; 8,329,407; 8,528,589; 8,592,221; 8,740,448; 8,772,046; 8,871,444; 9,068,699; 9,186,643; 9,328,344; 9,329,107; 9,410,151; 9,464,319; 9,498,759; and 9,562,837.

[0071] In one embodiment, the microfluidic chip of the disclosure defines a fluid mixer system having four commonly-fed but separate reaction systems arranged in parallel (representative illustration provided in FIG. 6). The reaction systems each employ a reaction chamber 120 wherein the chemiluminescent reactions to be measured occur. Each of four liquids are input into each reaction chamber 120 from supply reservoirs fluidly connected to corresponding input ports.

[0072] As outlined in FIG. 6, the microfluidic device of the disclosure comprises a plurality of ports, wherein first fluid (X1), comprising, e.g., a solution of anthracene dye, imidazole, and ethyl acetate and/or acetone solvent) is input to the chip at the upper, central port shown above from a first external reservoir. The input flow is divided into four flow channels. A second fluid (X2), comprising, e.g., solution of TCPO and ethyl acetate/acetone solvent) is similarly input to the chip at the lower, central port shown above from a second external reservoir. For each of the four reaction systems, a pre-mixture of first and second fluids is created by joining the fluid flows into a common pre-mixture channel. Each pre-mixture channel flows to an entry port of a reaction chamber 120. A third fluid (X3), comprising, e.g., buffer) is input to the chip from an external reservoir at two input ports (seen above at the lower left and right of the chip), with each flow then divided into two flow channels (four total). Each buffer fluid channel intersects a corresponding pre-mixture channel at the entry port to the reaction chamber 120. The buffer fluid acts primarily to "draw" the pre-mixture into the reaction chamber 120. Sample EBC is received from an external EBC reservoir through two EBC entry ports, with each flow then divided into two EBC channels (four total). Each EBC channel flows to an EBC entry port to a reaction chamber 120. Thus, each reaction chamber 120 receives a pre-mixture of anthracene dye, imidazole, TCPO, ethyl acetate/acetone, and buffer liquid through a primary entry port and EBC through a secondary, EBC entry port. Order of mixing of liquids is controlled through the content of the supply reservoirs, intersections of fluid channels, and entry into the reaction chamber 120.

[0073] The microfluidic device may be integrated or connected to the device (e.g., surface 124) via any means. In one embodiment, the material used in the surface forms a transparent upper layer of the microfluidic chip at least at the reaction chambers 120 such that reactive light is emitted through the transparent layer and to a photon or light detector or sensor. The entire microfluidic chip is likely to be encased or held by a larger "cassette" body/frame, creating an easily-handled chip unit for insertion and removal into the testing device. Each chip unit may be single-use or multi-use. Single-use chips are disposable, but multi-use chips may be recycled using routine methods for cleaning. The volumes and arrangement of various flow features (i.e., channels, chambers, etc.), are selected based on desired ratios of fluids for mixing and order of mixing.

[0074] FIG. 1 shows the cross-section of an exemplary article comprising the following components: (A) a vehicle chamber 102 containing a vehicle 104 that dissolves the probe 110; an auxiliary chamber 106 containing probes 110 for monitoring EBC markers, wherein the auxiliary chamber 106 is separated from the vehicle chamber 102 via a first separator 108; (C) a reaction chamber 120 containing a surface 124 (optionally containing a microfluidic chip) and an elongated member 126, wherein the reaction chamber 120 is separated from the auxiliary chamber 106 via a second separator 122. The article contains a plurality of plungers 112, 116, wherein the initiation of the first plunger 112 disengages the first separator 108 and initiation of the second plunger 116 disengages the second separator 122. The article may also include a protective cover surrounding the reaction chamber 120 that is made of thin transparent or translucent material 114 that is pervious to signal, e.g., fluorescent signal or chemiluminescent signal.

[0075] The analytical article described above may be coupled to one or more secondary articles. For instance, as shown in FIG. 2A, the article of the present disclosure may further include a collection unit comprising a mouthpiece 230 configured to receive breath 232 from a subject and a chamber for collecting the exhaled breath condensate 218. The mouthpiece and the collection chamber may form a single unit or may be provided separately. The collection unit may be T-shaped, L-shaped or S-shaped. A plurality of valves may be employed in the tube(s) connecting the mouthpiece 230 and the collection chamber 218. The collection unit may be made from any material. A conventional glass or plastic test tube, for example, is suitable as a disposable collection unit. The collection unit may also include removable insulation, electronic cooling, and/or chemical cooling systems.

[0076] An exemplary T-shaped collection unit is shown in FIG. 2A. The collection unit 200 has a mouthpiece 230 for collecting the EBC 232 from a user/subject and a distal end 218 that is affixed to the article of FIG. 1 (inverted in orientation in FIG. 2A compared to FIG. 1). The article is charged for use immediately prior to, contemporaneously with, or upon transmission of an EBC sample 232 into the collection unit 200. First, a first plunger 212 is initiated, thereby disengaging the first separator 208 and allowing the vehicle 204 in the vehicle chamber 202 to mix with the probe 210 in the auxiliary chamber 206. Second, the vaporous EBC is forced into the main reaction chamber 220 with a plunger and a second plunger 216 is initiated to force the probe solution into the reaction chamber 220. Upon reaction with the markers in the vaporous EBC, the analyte generates a signal which can be detected.

[0077] The mouthpiece 230 article preferably includes a mouthpiece 230, which may be formed so that a subject may comfortably exhale from the user's mouth and/or nose into the mouthpiece 230. The mouthpiece 230 preferably also includes a first one-way valve configured to permit air to be drawn into the mouthpiece 230 article by a subject, and a second one-way valve configured to permit air to pass from the mouthpiece 230 to a distal end of the mouthpiece 230. A particle or other type of filter may be positioned in the mouthpiece 230 between the mouthpiece 230 and the distal end of the mouthpiece 230. Preferably, the filter is pervious to air and/or vapor but impervious to liquid. This ensures that the chemical probes 110 and the vehicles thereof do not leak or overflow into the collection unit and/or the mouthpiece 230 during the collection and/or enrichment procedure. Representative types of mouthpieces and collection units are described in, e.g., U.S. Pat. Nos. 5,042,501; 5,787,885; and 8,211,035.

[0078] In one embodiment, the collection unit comprises a commercially-available mouthpiece 230 e.g., a RESPIRGARD II nebulizer (Vitaly Medical, Inc., Salt Lake City, Utah; Item #124030). The mouthpiece 230 includes a mouthpiece 230, first and second one-way valves and a 0.3 .mu.m particle filter and is optionally

280 that is engaged with the mixing unit 270, showing how various components of the mixing unit 270 align inside a well of the receptacle. The mixing unit 270 contains a vehicle in a vehicle chamber, which enters an auxiliary chamber via engagement of a plunger and dissolves probes therein to generate an activated probe solution. The activated probe solution generates a signal upon reacting with the EBC marker, which signal that can be detected by a detector in the receptacle 280.

[0084] Schematic diagrams of the outer views of the collection unit 218 and the mouthpiece 230. Including various components thereof are shown in FIG. 2E. FIG. 2E-1 shows the collection unit 218 and the mouthpiece 230 in assembled form, wherein the mouthpiece 230 is appended to the shaft of the collection unit 218. FIG. 2E-2 shows the collection unit 218 and the mouthpiece 230 in disassembled form. As shown, the mouthpiece 230 is appended to the shaft of the collection unit 218, precisely at the inlet junction 241 and the outlet junction 242. Inlet valve 239 may be placed at the inlet 241 to control airflow into the collection unit; outlet valve 240 may be placed at the outlet 242 to control airflow out of the collection unit. The mouthpiece end of the collection unit 218 includes a plunger 216, containing a head 243, a linker 244, and a hollow shaft 245 in which a nose 246 may be inserted. Typically, nose 246 is made from a material that provides resistance to outflow of air, e.g., rubber or plastic.

[0085] Because many markers in the EBC are volatile and therefore susceptible to temperature fluctuations, the systems of the devices preferably contain cooling units. FIG. 2F shows schematic diagrams of cross-sectional views of the cooling unit 237. FIG. 2F-1 shows a dual-cylinder cooling unit 237 connected to a power source via an inlet 248. FIG. 2F-2 shows a disassembled cooling unit showing the various components such as a lid 249 (to prevent outflow of a coolant), grill 250, shaft 251, cooling plates 252 (to maximize the contact between the EBC and the coolant by providing increased surface area) and base electrical housing 253, which is connected to a power source 248. FIG. 2F-3 shows an assembled view of the cooling unit showing the grill 250, shaft 251, and cooling plates 252.

[0086] Preferably, the collection unit 218 and the cooling unit 237 are provided as separate, but compatible components, a representative rendering of which is provided in FIG. 2G. FIG. 2G-1 shows the individual collection unit 218 and the cooling unit 237 in disassembled form. FIG. 2G-2 shows the individual collection unit 218 and the cooling unit 237 in assembled form.

[0087] Likewise, the various components that make up the mixing unit 270, may be provided together or separately. In FIG. 2H, the components are provided separately, wherein a component containing the elongated member 216 is separated from the chamber unit of the mixing unit 270 (containing reaction chamber and auxiliary chamber) by a separator 208. These individual units may be purchased separately or together in kit optionally containing instructions for assembly and/or use.

[0088] A schematic diagram showing a manner of using an exemplary device of the disclosure is provided in FIG. 2I. EBC 232 is introduced into the collection unit 218 via a mouthpiece 230, the follow of which may be controlled by inlet valve 239. The EBC 232 is forced into the distal end of the collection unit 218 via a plunger 216. The EBC 232 is cooled and the volatile EBC markers therein are stabilized by the cooling device 237, which is powered by a power source 248. The EBC 232 is forced into the mixing unit, where it reacts with the activated probe components (not shown). After measurement is taken, the residual EBC is forced out of the collection unit 218 via an outlet 242. Preferably, the opening of the outlet 242 is controlled by an outlet valve 240, which is normally unresponsive to forced exhale but responsive to a compressed air source (e.g., canned gas containing difluoroethane). This allows the collection unit to be cleaned easily after each use.

[0089] In some embodiments, the EBC marker detection system may further include a receptacle 300 (FIG. 3) that comprises a slidable lid 304 and a housing well 302. In one embodiment, the lid 304 shields the detector from noise, allowing a baseline to be accurately measured (closed position 300). The receptacle 300 optionally contains components for detection, processing and/or transmission of the detected signal to generate readouts, which are viewable to the user on a monitor. In some embodiments, the receptacle (FIG. 3) is compatible with the article, wherein the window 114, 214 of the reaction chamber 120, 220, when inserted into the housing well 302, 402, is aligned with the components for detection of the signal (as shown in FIG. 4). In a related

embodiment, the disclosure further provides for portable, battery operated receptacles 500 (FIG. 5) that can be transported conveniently by a user, e.g., clinician.

[0090] The articles and/or receptacles of the disclosure may further comprise a plurality of sensors for detection and/or quantification of markers present in the sample. One representative example of the sensor comprising a photodiode is shown in FIG. 7. The sensor is a part of the system architecture, which may include hardware architecture and software architecture, as described below.

[0091] The term "sensor," as used herein, includes any technology that can be used to detect and/or measure the concentration or amount of a marker present in EBC (such as H.sub.2O.sub.2). Sensing devices for detecting glucose in EBC can include electrochemical devices, optical and chemical devices and combinations thereof. A more detailed description of sensors that can be used in accordance with the present invention is provided below.

[0092] Sensors contained in the devices of the disclosure may be direct or indirect. As the name suggests, direct sensors comprise molecules which are capable of reacting with the marker and producing a change, which can be recorded. For example, a direct sensor capable of detecting changes in current as a result of a changing hydrogen peroxide concentration in the EBC may be employed in accordance with the present disclosure. Herein, the sensing element is typically an electrode as used in electrochemical sensors. After uptake and diffusion to the electrode surface, hydrogen peroxide is electrochemically converted resulting in a concentration dependent current signal. Hydrogen peroxide can be both oxidized and reduced at the electrode surface. Hydrogen peroxide is then detected by direct electrochemical conversion at this electrode, which preferably comprises a platinum electrode. Indirect sensors utilize chemicals such as Prussian Blue or enzymes such as peroxidase to enhance selectivity/catalysis, and the products of catalysis are then detected, which is then correlated with hydrogen peroxide levels.

[0093] In some embodiments, electrochemical sensors are employed. These sensors measure a change in output voltage of a sensor caused by chemical interaction of the marker with the sensor. Certain electrochemical sensors are based on a transducer principle while others sense changes in potential at the electrode. Yet others are based on semiconductor technology for monitoring charges at the surface of an electrode that has been built up on a metal gate between the "source" and "drain" electrodes. Additional electrochemical sensor devices include amperometric, conductometric, and capacitive sensors. Electrochemical sensors are excellent for detecting low parts-per-million concentrations. They are also rugged, draw little power, linear and do not require significant support electronics or vapor handling (pumps, valves, etc.) They are moderate in cost and small in size. Regardless of the specific electrochemical technique used to measure H.sub.2O.sub.2 concentrations in the EBC can be determined based either on its total mass in the sample or on its concentration. If the sample volume can be controlled accurately, then detecting the total quantity of H.sub.2O.sub.2 present allows one to calculate its concentration in the original EBC. This can be accomplished, for example, by utilizing chronoamperometry, which measures the total current required to oxidize the H.sub.2O.sub.2 by-product to O.sub.2, and this can be related to the number of moles of H.sub.2O.sub.2 present.

[0094] In some embodiments, the sensors may comprise platinized electrode surface (e.g., platinum or gold) for more efficient detection of hydrogen peroxide and/or nanoparticles or microparticles for a possibly more efficient detection of hydrogen peroxide.

[0095] Sensors of the disclosure can include commercial devices commonly known as "artificial" or "electronic" noses or tongues. Other sensors for use in accordance with the subject disclosure include, but are not limited to, metal-insulator-metal ensemble (MIME) sensors, cross-reactive optical microsensor arrays, fluorescent polymer films, surface enhanced Raman spectroscopy (SERS), diode lasers, selected ion flow tubes, metal oxide sensors (MOS), bulk acoustic wave (BAW) sensors, calorimetric tubes, infrared spectroscopy, semiconductive gas sensor technology; mass spectrometers, fluorescent spectrophotometers, conductive polymer gas sensor technology; aptamer sensor technology; amplifying fluorescent polymer (AFP) sensor technology; microcantilever technology; molecularly polymeric film technology; surface resonance arrays; microgravimetric sensors; thickness shear mode sensors; surface acoustic wave gas sensor technology; radio frequency phase shift reagent-free and other similar micromechanical sensors.

hardware architecture. Without being bound to a particular embodiment, an exemplary software architecture of the device is described below. The following glossary provides short descriptors of the components used in software architecture:

[0108] "Measurement store" may include a storage area that holds at least 3 measurements.

[0109] "Measurement" may include a 30 second set of samples.

[0110] "Sample time" may include the period between recorded samples. This will depend on the available memory. It is required to be 500 mS or less.

[0111] "Sample" may include an accumulation of multiple subsamples.

[0112] "Sub-Sample" may include the sample from the A/D converter which is a record of the integrating amplifier output.

[0113] "Sub-Sample time" may include the time the hardware integrating amplifier is integrating.

[0114] The system operation comprises steps of initialization, which includes performing the following functions: initialization of the Bluetooth module and setting it to discoverable mode; and initialization of interrupt vectors and configuration for interrupts on events such as Bluetooth event, lid switch opened or closed, sub-sample timer expiry event, watchdog interrupt, etc. Next, the signals controlling the measurement circuit are initialized. Next, the internal data structures and measurement stores are initialized. Next, the LEDs are initialized to indicate that the device is on, or not connected and/or not measuring. If all these initialization steps are successfully performed, the CPU enters the idle state waiting for an event.

[0115] The following output are provided: (1) for the application functionality, including e.g., connection to Bluetooth devices, depending on the type of function, the following output is provided: connected (record that the device is now connected, which results in a change in LED status) or disconnected (indicating that the device is no longer connected, which also results in a change in the LED status). (2) For receipt of packets, when a valid packet is received, and a request for measurement is made, if measurements store is not empty, the transmission of oldest stored measurement is initiated. If measurement store is empty, a message that no measurements are present is provided. Additionally, if a request for the deletion of measurements is made then the oldest stored measurements are deleted or an error is provided, wherein there are no measurements stored. (3) For opening and/or closure of lids, if a measurement is in progress while the lid 304 is open, the sampling is terminated and the collected data is deleted. The LED indicating a measurement is in progress is turned off. When the lid 304 is closed and measurement is initiated the sub-sample timer interrupt is initiated, measurement is started, and the LED is activated to indicate that a measurement is being performed. If during measurement, the measurement store is full, the oldest measurement is removed to make room for the new data. (4) For dispensing timer events, when this timer expires, a hold on the integrating amplifier is performed, the A/D result is read, and a reset is performed, followed by a hold release on the integrating amplifier. Additionally, if enough subsamples have been accumulated for a sample, the sample is recorded in the measurement store. Once enough samples have been recorded (over a specified duration, e.g., 30 sec, 60 sec, etc.), then the measurement is completed. The system records that a measurement is now ready in the measurement store. However, if not enough samples have been collected yet, then the sub-sample timer interrupt is initiated again and the LED may be triggered to indicate that the measurement has stopped.

[0116] Preferably, in order to shield the sample from ambient light (which overexposes the sensor during the measurement) special care may be applied to ensure that the tests are conducted in an appropriate environment (e.g., darkroom) and the opening and closing of the lid 304 is particularly monitored. Additionally, special attention may be needed in the mechanical placement, signal layout, ground/power supply distribution, decoupling and digital/analog noise isolation, which may be achieved by carefully designing and implementing the analog integrating amplifier circuit. This may be accomplished using one or more light management systems (LMS).

[0117] After the LMS takes one or more measurements, an algorithm can be used to generate a quantitative "score" reflective of the amount of markers, e.g., peroxide, detected by the device. If desired, a qualitative "red/green" indicator can be used to identify the quantity of markers, e.g., peroxide, in the breath. However, a numerical "score" is preferred so that the amount of markers, e.g., peroxide, detected by the device can be more accurately identified. The range of the "score" can be selected based on the accuracy with which the substance being measured can be identified. In most cases, a range of 1-100 or 1-1000 is sufficient.

[0118] The LED emission spectrum and photometer response spectrum can be selected based on the particular chemistry to be measured. Thus, for example, if desired, an LED that emits a relatively narrow spectrum of light can be used to direct a specific wavelength of light at an exposed reagent. Alternatively, an LED can be selected that delivers a broader spectrum of light (e.g., a white light) at the exposed reagent. Similarly, different photometers can be selected depending on the breadth of the spectrum of light that is relevant to the colorimetric reaction that is to be measured.

[0119] In certain embodiments, a plurality of LEDs comprising, e.g., a first and a second LED, can be used to emit the same spectrum of light or they can be used to emit different spectrums of light. If the first and second LEDs are configured to emit the same spectrum of light, the amount of light emitted at the exposed reagent is doubled, providing a greater amount of reflected light that can be measured by the photometer. In other embodiments, however, it may be desirable to configure the first LED to emit a first spectrum of light and the second LED to emit a second spectrum of light that is different from the first spectrum of light. Thus, the first and second LEDs can measure the colorimetric reactivity of a reagent at two different spectrum regions.

[0120] Various wavelength filters can be used in connection with the devices disclosed herein. For example, the effective wavelength(s) that the photometer system measures can be modified as needed by the addition of wide band optical filters on either the emitting (LED) side and/or the receiving (photometer) side of the system. Thus, if desired, the infrared (UV) range from 620 nm to longer wavelengths and the ultraviolet range from approximately 350 nm and shorter wavelengths can be restricted using a wavelength filter. Additionally, narrow band optical filters can be used to limit noise and optimize the signal generated via the reaction between the marker and the probe 110.

[0121] The disclosure further relates to interactive modules comprising the articles, devices, and systems described hereinbefore. In one embodiment, the interactive module comprises an application ("app") for an interactive device, e.g., a smartphone, a tablet, a computer, or the like. The data, either raw or in processed form, which is collected by the articles, devices, and systems, is fed into the interactive device via direct or indirect connection (e.g., via a cable or wirelessly such as Wi-Fi or Bluetooth connection). The application initiates the test and the user-interface therein provides information to the user. In certain embodiments, based on a history, the app may also provide personalized treatment, e.g., monitoring of dose of therapeutic drugs, dietary changes, lifestyle changes, and the like. The app may also track symptoms or patterns of occurrence and correlate with the marker levels. The app may further enable a user to schedule checkups or undergo further diagnostic tests to validate the recorded history in the app. In a particular embodiment, provided herein are mobile applications in standard operating systems (e.g., IOS or ANDROID) that connect to the standalone articles, devices and/or systems through a connection (e.g. wireless or Bluetooth connection) and allows users to interact with the device in order to track and view results, and connect users with globally collected data.

[0122] The disclosure further relates to kits for diagnosing pulmonary diseases, e.g., asthma, COPD, IPF, CF, etc., comprising, in one or more packages, an analytical unit comprising the vehicle chamber 102, the auxiliary chamber and the reaction chamber; and instructions for assembling and/or using the analytical unit. The kit may optionally comprise a collection unit comprising a mouthpiece 230 and the collection chamber. Further optionally, the kits may comprise a marker standards in different concentrations as a means of calibrating the analytical and/or detection units for guiding the diagnosis based on the analytical technique preferably involving luminescence, and a manual as a means of indicating content ranges of the marker for diagnosing the severity of the pulmonary disease in view of the content of the marker detected.

[0123] The disclosure further relates to methods for making the articles, systems and devices of the disclosure. In one embodiment, the method includes providing a three-chambered article, comprising a central auxiliary chamber and terminal vehicle chamber 102 and reaction chamber, wherein the auxiliary chamber is connected to the vehicle chamber 102 on one end and a reaction chamber at the second end. The various components of the reaction chamber, e.g., the reaction surface 124, the elongated member(s), 126 and the X4 chip, optionally together with other components such as sensors, may be assembled prior to manufacture of the device. In another embodiment, a system comprising a plurality of plungers allowing dispensing of the contents of one chamber into the other via initiation of the plungers, either sequentially or in unison, may be provided. Such a system may be custom manufactured using routine techniques. The aforementioned components of the reaction chamber may be embedded or incorporated into the assembled system using etching or printing techniques known in the art.

[0124] Once the housing of the article is provided, the auxiliary chamber is filled with the probe 110 comprising, e.g., the dye (D), the reactive chemical (C) and optionally a catalyst (K) and other polymers (P) at an amount effective to detect marker levels, e.g., peroxide levels, in an EBC sample of a subject, e.g., an asthmatic human subject. The auxiliary chamber is then sealed from the vehicle chamber 102 and the reaction chamber with a plurality of breakable separators. The vehicle chamber 102 is loaded with an appropriate vehicle 104 and capped to prevent leakage. A collection unit comprising a mouthpiece 230 is mounted onto an open end of the reaction chamber (e.g., the end that is not connected to the auxiliary chamber). The reaction chamber may further be fitted with a plurality of components to optimize collection, performance, and/or functionality of the system.

[0125] The disclosure further relates to methods for the diagnosis of pulmonary diseases. Pulmonary diseases are extremely common in the general population, and more so in certain ethnic groups, such as African Americans. In some cases they are accompanied by inflammation, which aggravates the condition of the lungs. Diseases such as chronic obstructive pulmonary disease (COPD), asthma, allergic rhinitis, cystic fibrosis, and acute respiratory distress syndrome (ARDS), including RDS in pregnant mothers and in premature born infants, among others, are common diseases in industrialized countries, and in the United States alone, they account for extremely high health care costs. These diseases have recently been increasing at an alarming rate, both in terms of prevalence, morbidity and mortality. In spite of this, their underlying causes still remain poorly diagnosed.

[0126] As used herein, the term "diagnosis" refers to methods by which a determination can be made as to whether a subject is likely to be suffering from a given disease or condition, including, but not limited to, diagnosis of diseases or conditions characterized by pulmonary conditions. In some embodiments, diagnosis is carried out by monitoring or examining the subjects for characteristics or traits, including, assisting in the monitoring or examination. The skilled artisan often makes a diagnosis on the basis of one or more diagnostic indicators, e.g., a marker, the presence, absence, amount, or change in amount of which is indicative of the presence, severity, or absence of the disease or condition. Other diagnostic indicators can include patient history; physical symptoms, e.g., shortness of breath. A skilled artisan will understand that the term "diagnosis" refers to an increased probability that certain course or outcome will occur; that is, that a course or outcome is more likely to occur in a patient exhibiting a given characteristic, e.g., the presence or level of a diagnostic indicator, when compared to individuals not exhibiting the characteristic. Diagnostic methods of the disclosure can be used independently, or in combination with other diagnosing methods, to determine whether a course or outcome is more likely to occur in a patient exhibiting a given characteristic.

[0127] Accordingly, the disclosure relates to diagnosis of pulmonary diseases such as asthma, cystic fibrosis, idiopathic pulmonary disease, via detection of a marker associated therewith, using the article, devices, and systems disclosed herein. In one embodiment, the marker is hydrogen peroxide or a derivative thereof, e.g., peroxide anion (O_{2}^{2-}) or a peroxide radical ($\cdot OH$).

[0128] In some embodiments, a method for detecting an EBC marker is provided. The method includes providing the EBC marker detection system comprising the article (FIG. 1 and FIG. 2) described above, initiating the first plunger 212 to disengage the first separator 208, thereby allowing the vehicle 204 in the vehicle chamber 202 to enter the auxiliary chamber 206 and dissolve the probe 210 to generate an activated probe solution; collecting an EBC sample 232 from a subject via exhalation into a mouthpiece 230 connected to

the reaction chamber 214; initiating the second plunger 216 to disengage the second separator 222, thereby allowing the activated probe solution to enter the reaction chamber 220 and react with the EBC marker on a surface 224 to generate a signal; and detecting the signal. In some embodiments, the second plunger 216 may also assist in pushing the EBC sample into the reaction chamber 214, thereby improving the speed and sensitivity of the detection. In some embodiments of the articles of the disclosure, a semi-disposable reaction chamber 220 comprising a sensor, as described above, is fitted with a reagent storage chamber in a manner such that, following a test, the reaction chamber may be cleaned and the reagent storage chamber may be replaced. Such a semi-disposable unit would eliminate potential waste and also save costs associated with a fully disposable reaction chamber.

[0129] In one embodiment, the signal is a chemiluminescent signal which can be detected via a sensor. In embodiments of the device containing the microfluidic chips, the sensor may be coupled to a microfluidic chip, for example, by placing them in close proximity to each other on the reaction surface 224. In one embodiment, the marker is an oxidative marker such as H.sub.2O.sub.2.

[0130] In another embodiment, a plurality of markers may be detected to practice the diagnostic methods. For instance, in one embodiment, the disclosure relates to a method comprising detection of a plurality of markers comprising a first marker which is hydrogen peroxide or a derivative thereof and a second marker selected from hydrogen ions (H.sup.+), malondialdehyde, 8-isoprostanes, thiobarbituric acid reactive substances (TBARS), acetone, nitrosothiols, and nitric oxide-derived products.

[0131] In one embodiment, the disclosure relates to diagnosis of asthma. Management of asthma patients is especially problematic given that nearly 28% of all subjects are misdiagnosed and nearly 55% of the patients have uncontrolled symptoms; and nearly 25% of all subjects are under unnecessary medications. See, Pakhale et al., BMC Pulm Med., 11: 27, 2011; Peters et al., J Allergy Clin Immunol., 119(6):1454-61, 2007; Powell et al., Lancet 10;378(9795):983-90, 2011; and Syk et al., J Allergy Clin Immunol Pract., 1(6):639-48, 2013. According to the Central for Disease Control (CDC) report in 2011, direct treatment and indirect patient costs for asthma rose from \$53B in 2002 to \$56B in 2007 in the U.S. alone. It is estimated that currently, uncontrolled asthma costs \$195.4 billion annually, while controlled asthma costs \$72.6 billion annually.

[0132] Asthma is a condition characterized by variable, in many instances reversible obstruction of the airways. This process is associated with lung inflammation and in some cases lung allergies. Many patients have acute episodes referred to as "asthma attacks," while others are afflicted with a chronic condition. The asthmatic process may be triggered in some cases by inhalation of antigens by hypersensitive subjects. This condition is generally referred to as "extrinsic asthma." Other asthmatics have an intrinsic predisposition to the condition, which is thus referred to as "intrinsic asthma," and it encompasses conditions of different origin, including those mediated by the adenosine receptor(s), allergic conditions mediated by an immune IgE-mediated response, and others. Asthma is characterized with its associated symptoms: bronchoconstriction, lung inflammation and/or decreased lung surfactant. However, diagnosis and prognosis of asthma remains particularly poor. The most recognized way to diagnose asthma is with a lung function test, a medical history, and a physical exam. However, it's hard to do lung function tests in children younger than 5 years. Thus, doctors must rely on children's medical histories, signs and symptoms, and physical exams to make a diagnosis. Other tests may include allergy testing to identify the causative allergens; broncho-provocation test for measuring airway sensitivity; chest X ray or an EKG (electrocardiogram). Despite improvements in diagnostic methods, the commonalities of symptoms of asthma and other unrelated diseases such as reflux disease, vocal cord dysfunction, and/or sleep apnea complicates the diagnostic process. Misdiagnosis and/or failed diagnostic is common. Doctors commonly use a 4-6 week trial of asthma medicines to see how well a patient responds prior to determining the idiopathic cause of the symptoms presented.

[0133] The disclosure relates to diagnosis of all forms of asthma, including, controlled and uncontrolled asthma. Given that studies indicate that the lung tissues of patients suffering from uncontrolled asthma are in an elevated oxidative stress (as demonstrated by significantly higher peroxide levels in EBC; see Teng et al., supra), it is believed that the articles, devices and systems of the disclosure will be particularly useful for the diagnosis of uncontrolled asthma.

disease in these populations. In the United States, 1 in 4,000 children are born with CF. In 1997, about 1 in 3,300 Caucasian children in the United States was born with cystic fibrosis. Cystic fibrosis occurs when there is a mutation in the CFTR gene and the loss of functionality thereof resulting in electrolyte (sodium chloride) loss in glandular secretions. This lost salt forms the basis for a sweat test. (Rowe et al., *N Engl J Med.* 352(19):1992-2001, 2005). Cystic fibrosis may be diagnosed by many different categories of testing including those such as, newborn screening, sweat testing, or genetic testing (Stern et al., *N Engl J Med* 336:487, 1997). As of 2006 in the United States, 10 percent of cases are diagnosed shortly after birth as part of newborn screening programs. The newborn screen initially measures for raised blood concentration of immunoreactive trypsinogen. (Davies et al., *BMJ*, 335(7632):1255-59, 2007). Infants with an abnormal newborn screen need a sweat test in order to confirm the CF diagnosis. Trypsinogen levels can be increased in individuals who have a single mutated copy of the CFTR gene (carriers) or, in rare instances, even in individuals with two normal copies of CFTR gene. Due to false positives, CF screening in newborns is somewhat controversial. As such, most states and countries do not screen for CF routinely at birth. The most commonly used form of testing is the sweat test. X-rays and CAT scans are used to examine the lungs for signs of damage or infection. Examination of the sputum under a microscope is used to identify which bacteria are causing infection so that effective antibiotics can be given. Pulmonary function tests measure how well the lungs are functioning, and are used to measure the need for and response to antibiotic therapy. Blood tests can identify liver abnormalities, vitamin deficiencies, and the onset of diabetes. DEXA scans can screen for osteoporosis and testing for fecal elastase can help diagnose insufficient digestive enzymes. Because not all known mutations are found on current tests, a negative screen does not guarantee that a person will not have CF (Tabor et al., *Lancet* 1 (8493):1287-93, 1986). During pregnancy, testing can be performed on the placenta (chorionic villus sampling) or the fluid around the fetus (amniocentesis). However, chorionic villus sampling has a risk of fetal death of 1 in 100 and amniocentesis of 1 in 200 (Tabor et al., *supra*) in some populations (revised to about 1 in 1600 (Hytonen et al., *Acta Otolaryngologica*, 121 (8): 945-7, 2001)). Accordingly, prior to CF testing of fetuses, the benefits must be determined to outweigh these risks.

[0139] There has been an increasing interest in non-invasive assessment of airway inflammation and oxidative stress in the aforementioned pulmonary diseases. The collection of broncho-alveolar lavage fluid or lung biopsies is invasive, and therefore cannot be applied very easily in children. Non-invasive techniques include measurement of non-volatile inflammatory markers in exhaled breath condensate, and measurement of volatile inflammatory markers in exhaled breath. Fractional exhaled nitric oxide (FeNO), carbon monoxide (CO), ethane and pentane are the most studied volatile markers for CF. See, Paredi et al. (*Am J Respir Crit Care Med* 162:1450-1454, 2000) and Horvath et al. (*Eur Respir J* 18:420-430, 2001). FeNO is most standardized in pathological diagnosing CF (American Thoracic Society (ATS)/European Respiratory Society (ERS) Recommendation in *Am J Respir Crit Care Med*, 171:912-930, 2005). However, there are reports that FeNO may not be a reliable marker for asthma (Teng et al., *supra*). A follow-up study of 12 specific VOCs by means of a customized gas chromatograph in CF patients and controls identified that dimethyl sulphide (DMS) is significantly lower level in CF compared to controls (Barker et al., *Eur Respir J* 27:929-936, 2006). However, in this study only allows conclusions on a group level; no individual classification of subjects was performed. Insofar as airway inflammation plays a central role in the pathophysiology of CF, the present disclosure also provides devices and systems for monitoring CF markers such as peroxide, which are useful in the clinical diagnosis of CF non-invasively.

[0140] In another embodiment, the disclosure relates to the diagnosis of Acute Respiratory Distress Syndrome (ARDS). ARDS (also known as stiff lung, shock lung, pump lung and congestive atelectasis) is believed to be caused by fluid accumulation within the lung which, in turn, causes the lung to stiffen. The condition is triggered within 48 hours by a variety of processes that injure the lungs such as trauma, head injury, shock, sepsis, multiple blood transfusions, medications, pulmonary embolism, severe pneumonia, smoke inhalation, radiation, high altitude, near drowning, and others. In general, ARDS occurs as a medical emergency and may be caused by other conditions that directly or indirectly cause the blood vessels to "leak" fluid into the lungs. In ARDS, the ability of the lungs to expand is severely decreased and produces extensive damage to the air sacs and lining or endothelium of the lung. ARDS' most common symptoms are labored, rapid breathing, nasal flaring, cyanosis blue skin, lips and nails caused by lack of oxygen to the tissues, breathing difficulty, anxiety, stress, tension, joint stiffness, pain and temporarily absent breathing. In some cases ARDS appears to be associated with other

diseases, such as acute myelogenous leukemia, with acute tumor lysis syndrome (ATLS) developed after treatment with, e.g., cytosine arabinoside. In general, however, ARDS is associated with traumatic injury, severe blood infections such as sepsis or other systemic illness, high dose radiation therapy, chemotherapy, and inflammatory responses that lead to multiple organ failure, and in many cases death. In premature babies ("premies"), the lungs are not quite developed and, therefore, the fetus is in an anoxic state during development. In addition, lung surfactant, a material critical for normal respiration, is generally not yet present in sufficient amounts at this early stage of life. Premies are therefore susceptible to respiratory problems including bronchoconstriction, lung inflammation and ARDS, among others. When respiratory distress syndrome (RDS) occurs in premies, it is an extremely serious problem. Preterm infants exhibiting RDS are currently treated by ventilation and administration of oxygen and surfactant preparations. When premies survive RDS, they frequently develop bronchopulmonary dysplasia (BPD), also called chronic lung disease of early infancy, which is often fatal.

[0141] In another embodiment, the disclosure relates to diagnosis of idiopathic pulmonary fibrosis (IPF). IPF (also known as interstitial lung disease (ILD) or interstitial pulmonary fibrosis), include more than 130 chronic lung disorders that affect the lung by damaging lung tissue, and producing inflammation in the walls of the air sacs in the lung, scarring or fibrosis in the interstitium (or tissue between the air sacs) and stiffening of the lung, thus the name of the disease. Breathlessness during exercise may be one of the first symptoms of these diseases, and a dry cough may be present. Neither the symptoms nor X-rays are often sufficient to tell apart different types of pulmonary fibrosis. Some pulmonary fibrosis patients have known causes and some have unknown or idiopathic causes. The course of this disease is generally unpredictable. Its progression includes thickening and stiffening of the lung tissue, inflammation and difficult breathing. Some people may need oxygen therapy as part of their treatment.

[0142] In some embodiments, the disclosure relates to diagnosis of allergic rhinitis (AR) in subjects. Although generally misdiagnosed, allergic rhinitis afflicts one in five Americans and occurs at all ages, thus accounting for an estimated \$4 to 10 billion in health care costs each year. Symptoms include nasal congestion, discharge, sneezing, and itching, as well as itchy, watery, swollen eyes. Over time, allergic rhinitis sufferers often develop sinusitis, otitis media with effusion, and nasal polyposis, and may exacerbate asthma. It is associated also with mood and cognitive disturbances, fatigue and irritability. In allergic rhinitis, typically, IgE combines with allergens in the nose to produce chemical mediators, induction of cellular processes, and neurogenic stimulation, causing an underlying inflammation. Degranulation of mast cells results in the release of preformed mediators that interact with various cells, blood vessels, and mucous glands to produce the typical rhinitis symptoms. Most early- and late-phase reactions occur in the nose after allergen exposure. A late-phase reaction, however, is seen in chronic allergic rhinitis, accompanied with hypersecretion and congestion. Repeated exposure causes a hypersensitivity reaction to one or many allergens, and may also produce hyperreactivity to nonspecific triggers such as cold air or strong odors. Non-allergic rhinitis may be induced by infections, such as viruses, or associated with nasal polyps, as occurs in patients with aspirin idiosyncrasy, as well as by pregnancy, hypothyroidism, and exposure to occupational factors or medications. NARES syndrome, a non-allergic type of rhinitis associated with eosinophils in the nasal secretions, typically occurs in middle-aged individuals and is accompanied by loss of smell.

[0143] In accordance with the foregoing, the disclosure relates to a non-invasive diagnostic method for diagnosing a pulmonary disease such as asthma, CF, IPF, AR, comprising contacting a sample with the aforementioned articles, systems, and devices.

[0144] The "sample" is any biological sample but preferably exhaled breath condensate. Included are EBC fractions, e.g., variable-sized particles or droplets that are aerosolized from the airway lining fluid; water that condenses from gas phase out of the nearly water-saturated exhalate; and water soluble volatiles that are exhaled and absorbed into the condensing breath. In some embodiments, samples include the non-volatile constituents mostly derived from the airway lining fluid particles and in the water-soluble volatile constituents which are found in substantially higher concentrations. In certain embodiments, samples may include bronchoalveolar lavage (BAL) and pleural fluid.

responsive" and "non-responder(s)" refers to subjects that are not considered to respond well to treatment, particularly to treatment with the pharmacological agent, e.g., broncho-dilators.

[0159] In certain embodiments, a patient may be simultaneously diagnosed and treated with the compositions, articles, systems, or devices described herein. When used herein, the term "simultaneously" means performing the stated objectives, e.g., diagnosis and treatment, together.

[0160] In certain embodiments, a patient may be sequentially diagnosed and treated with the articles, systems, or devices described herein. When used herein, the term "sequentially" means the stated objectives, e.g., diagnosis and treatment, are temporally or spatially separated, e.g., diagnosis prior to treatment or diagnosis following treatment or a combination thereof, e.g., 1.sup.st diagnosis=>treatment=>2.sup.nd diagnosis, etc.

[0161] Embodiments described herein further enable a caregiver, e.g., a doctor or a nurse, or a patient to determine quickly and reliably whether a pulmonary disease is likely to be non-healing, and to select an appropriate therapy based on this determination. For example, some non-healing pulmonary diseases may necessitate drastic measures, e.g., surgery or lung replacement. Accordingly, embodiments described herein further provide methods of management of a pulmonary disease, e.g., COPD or asthma, comprising determining whether the disease is healing or not (based on marker measurement), followed by applying alternate therapeutic strategies if it is non-healing.

[0162] Preferably, the diagnosis and treatment is conducted in situ. Embodiments described herein therefore allow diagnosis and treatment of pulmonary diseases in an easy, non-invasive manner. For instance, the diagnosis may be made in real time and the treatment may be applied to the pulmonary system locally or to the patient (systemically) and the progress of the treatment be monitored over real-time, e.g., dissipation of the oxidative markers in the EBC due to healing.

[0163] The methods of the disclosure can be useful for further validating the severity of the pulmonary disease. In one embodiment, the severity of pulmonary diseases is assessed in subjects by measuring an art-appreciated parameter such as FEV1. FEV1 is the maximum amount of air that a subject can forcefully blow out of their lungs in one second and is measured using a spirometer, an instrument that measures pulmonary air flow by having a subject blow into a plastic tube. It is used to show lung capacity and helps pulmonologists classify diseased (e.g., asthmatic or COPD) patients into stages. Thus, the lower the FEV1, the more severe the pulmonary disease. For instance, an FEV1 of 80% of the expected value indicates mild disease; an FEV1 between 50-80 percent indicates moderate disease; an FEV1 between 30-50 percent indicates severe disease; and an FEV1 of <30 percent indicates very severe disease. The FEV1 measurements can be correlated with the marker levels to further validate severity of disease.

[0164] In some embodiments, the diagnostic methods of the disclosure perform better than art-appreciated methods. For instance, in patients with intermittent asthma, predicted FEV1% values are normal, but EBC H.sub.2O.sub.2 levels are elevated. Thus, the systems and the methods of the present disclosure may be used to supplement and even replace established methods of diagnosis of pulmonary diseases such as asthma.

[0165] In some embodiments, disclosed herein is a use of an article as described hereinbefore, e.g., an article comprising (a) a vehicle chamber 102 containing a vehicle 104 for a probe 110; (b) an auxiliary chamber that is physically separated from the vehicle chamber 102 via a first separator 108, wherein the auxiliary chamber contains the probe 110 that is specific to the marker; and (c) a reaction chamber that is physically separated from the vehicle chamber 102 or the auxiliary chamber or both the reaction chamber and the auxiliary chamber via a second separator 122, wherein the reaction chamber contains an surface 124 for the detection of an interaction between the probe 110 and the marker, for the diagnosis of pulmonary diseases, e.g., COPD, IPF, CF, etc.

[0166] In another embodiment, disclosed herein is use of an article as described hereinbefore, e.g., an article comprising (a) a vehicle chamber 102 containing a vehicle 104 for a probe 110; (b) an auxiliary chamber that is physically separated from the vehicle chamber 102 via a first separator 108, wherein the auxiliary chamber contains the probe 110 that is specific to the marker; and (c) a reaction chamber that is physically separated from

the vehicle chamber 102 or the auxiliary chamber or both the reaction chamber and the auxiliary chamber via a second separator 122, wherein the reaction chamber contains an surface 124 for the detection of an interaction between the probe 110 and the marker, for the manufacture of system or a device for diagnosing pulmonary diseases, e.g., COPD, IPF, CF, etc., in a subject in need thereof.

[0167] In another embodiment, disclosed herein are systems or devices comprising the article of the disclosure, for use in diagnosing pulmonary diseases, e.g., COPD, IPF, CF, etc., in a subject.

EXAMPLES

[0168] The structures, materials, compositions, and methods described herein are intended to be representative examples of the disclosure, and it will be understood that the scope of the disclosure is not limited by the scope of the examples. Those skilled in the art will recognize that the disclosure may be practiced with variations on the disclosed structures, materials, compositions and methods, and such variations are regarded as within the ambit of the disclosure.

Example 1

[0169] Exhaled breath condensate (EBC) collection is a non-invasive method to sample the lungs (Horvath et al. 2005, *Eur Respir J* 26(3):523-48; Kharitonov et al. 2001 *Curr Opin Allergy Clin Immunol* 1(3):217-24; Horvath et al. 2001 *Eur Respir J* 18(2):420-30; Kharitonov and Barnes, 2002 *Markers* 7(1):1-32; Montuschi and Barnes, 2002, *Trends Pharmacol Sci* 23(5):232-7; Barnes et al., 2006, *Am J Respir Crit Care Med* 174(1):6-14). The condensate is obtained by cooling and freezing the exhaled air, which contains significant amounts of water vapor (99% of the volume of the condensate), making the process possible (Horvath et al. 2005 supra; Horvath, 2003, *Eur Respir J* 22(1):187-8; Effros et al., 2002, *Am J Respir Crit Care Med* 165(5):663-9). A small fraction of the condensate is derived from respiratory droplets containing hydrophobic and water soluble molecules (Scheideler et al., 1993, supra). The collection is totally non-invasive and simple using the devices illustrated in the Figures.

[0170] In this example, the devices of the disclosure are used to help diagnose asthma in human subjects. For purposes of the study, asthma is defined as patients with a history of three or more episodes of .beta.-2 agonist reversible airway obstruction, who were admitted to a hospital for dyspnea and demonstrated both tachypnea and an inspiratory/expiratory ratio less than 0.5. Smokers, patients with clinical evidence of pneumonia or chronic diseases other than asthma may be excluded. Control subjects comprise healthy hospital staff and patients admitted to the hospital for acute, non-respiratory diseases. The subjects are followed longitudinally with repeated sample collection during and after their hospitalization.

[0171] EBC samples 232 are obtained and analyzed from the subjects using a device constructed as illustrated in FIG. 1 and FIG. 2.

[0172] As is appreciated in view of the foregoing, the device and method of the disclosure provide a simple, rapid, non-invasive approach for diagnosing and managing treatment of respiratory disease. The device of the present disclosure provides not only the collection of exhaled breath condensate from a subject, but to also test the condensate for chemical properties indicative of asthma (or potentially other diseases) during or immediately following condensate collection. In addition, the device may be configured in detachable parts or cartridges, thus, allowing easy replacement and also maintenance when needed. These features make the device of the present disclosure ideal for home use, as well as for use in a clinic, hospital or emergency room setting.

[0173] The exemplified embodiment relates to use of articles, devices, and systems for diagnosing pulmonary diseases such as asthma or COPD. The present aspects and embodiments improve upon existing methods by providing systems and devices that are sensitive, optimized, and non-invasive, which can be used with precision at the point-of-care (POC) for the detection of exhaled breath condensate (EBC) markers associated pulmonary diseases. In particular, the systems and devices disclosed herein comprise components that allow for formulation of active probes 110 that are specific for EBC markers, e.g., by dissolving in a vehicle 104, precisely when

accession numbers) and publications in their entireties are incorporated into this disclosure by reference in order to more fully describe the state of the art as known to those skilled therein as of the date of this disclosure. This disclosure will govern in the instance that there is any inconsistency between the patents, patent applications and publications cited and this disclosure.

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